

Menu Item	Size	Serving Size	Total Cal	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbs	Fiber	Sugars	Protein
			(kcal)	(g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)
Blended Teas												
Chai Blend	Regular	18.5 oz.	770	28	21	0	55	135	110	0	87	7
Chai Blend	Large	24 oz.	1300	44	34	0	70	200	196	0	152	10
Matcha Blend	Regular	18.5 oz.	730	24	16	0	55	95	119	0	96	5
Matcha Blend	Large	24 oz.	1120	35	25	0	70	125	186	0	146	6
Thai Blend	Regular	18.5 oz.	520	6	4	0	30	35	107	0	92	2
Thai Blend	Large	24 oz.	730	9	6	0	45	55	152	0	133	3
		18.5 oz.	160	0	0	0	0	60	41	Less than 1 g	34	0
Fresh Fruit & Basil Seed Teas												
Kiwi	Large	24 oz.	250	0	0	0	0	85	63	2	50	0
Mango	Regular	18.5 oz.	170	0	0	0	0	45	42	1	38	0
Mango	Large	24 oz.	240	0	0	0	0	65	62	2	56	0
Peach	Regular	18.5 oz.	160	0	0	0	0	10	40	1	21	0
Peach	Large	24 oz.	240	0	0	0	0	10	58	1	30	0
Strawberry	Regular	18.5 oz.	110	0	0	0	0	15	29	1	25	0
Strawberry	Large	24 oz.	140	0	0	0	0	15	35	1	31	0
Passionfruit	Regular	18.5 oz.	140	0	0	0	0	25	37	Less than 1 g	17	0
Passionfruit	Large	24 oz.	210	0	0	0	0	30	55	1	25	0
		18.5 oz.	130	0	0	0	0	15	20	0	17	0
YOGURTS												
Menu Item	Size	Serving Size	Total Cal	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbs	Fiber	Sugars	Protein
			(kcal)	(g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)
Honeydew	Regular	18.5 oz.	500	11	8	0	55	130	91	2	66	7
Honeydew	Large	24 oz.	640	14	10	0	70	160	117	3	84	9
Mango	Regular	18.5 oz.	510	11	8	0	55	120	93	2	68	7
Mango	Large	24 oz.	650	14	10	0	70	150	119	3	86	9
Kiwi	Regular	18.5 oz.	510	12	8	0	55	125	93	3	66	8
Kiwi	Large	24 oz.	650	14	10	0	70	160	119	3	84	10
Strawberry	Regular	18.5 oz.	480	11	8	0	55	110	85	2	60	7
Strawberry	Large	24 oz.	620	14	10	0	70	140	111	3	78	9
Combo	Large	24 oz.	700	14	10	0	70	170	132	3	97	9
		18.5 oz.	60	0	0	0	0	10	14	0	14	0
Teas												
Black	Regular	18.5 oz.	110	0	0	0	0	10	28	0	28	0
Black	Large	24 oz.	150	0	0	0	0	10	38	0	38	0
Jasmine	Regular	18.5 oz.	110	0	0	0	0	10	28	0	28	0
Jasmine	Large	24 oz.	150	0	0	0	0	10	38	0	38	0
Oolong	Regular	18.5 oz.	230	0	0	0	0	80	57	0	57	0
Oolong	Large	24 oz.	320	0	0	0	0	80	77	0	77	0
Chai	Regular	18.5 oz.	520	22	14	0	65	190	63	0	58	12
Chai	Large	24 oz.	725	29	18	0	80	240	93	0	85	15
Thai	Regular	18.5 oz.	390	9	6	0	45	50	66	15	51	3
Thai	Large	24 oz.	500	11	8	0	55	65	82	19	63	4
Milk Teas												
Black	Regular	18.5 oz.	140	4.5	4.5	0	0	5	19	0	10	0
Black	Large	24 oz.	170	6	6	0	0	10	24	0	12	0
Jasmine	Regular	18.5 oz.	140	5	5	0	0	5	19	0	10	0
Jasmine	Large	24 oz.	170	6	6	0	0	10	24	0	12	0
Oolong	Regular	18.5 oz.	130	5	5	0	0	10	19	0	9	0
Oolong	Large	24 oz.	170	6	6	0	0	10	24	0	12	0
Matcha Green	Regular	18.5 oz.	430	9	4	0	20	70	87	0	79	2
Matcha Green	Large	24 oz.	430	9	4	0	20	70	87	0	79	2
Coconut	Regular	18.5 oz.	450	22	15	0	45	170	56	0	41	4
Coconut	Large	24 oz.	450	22	15	0	45	170	56	0	41	4
TEAS												
Menu Item	Size	Serving Size	Total Cal	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbs	Fiber	Sugars	Protein
			(kcal)	(g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)
Taro	Regular	18.5 oz.	420	14	8	0	30	35	70	3	52	4
Taro	Large	24 oz.	420	14	8	0	30	35	70	3	52	4
Coffee	Regular	18.5 oz.	140	5	5	0	0	10	20	0	10	0
Coffee	Large	24 oz.	170	6	6	0	0	15	25	0	12	0
Hazelnut	Regular	18.5 oz.	160	7	1.5	0	0	25	21	0	18	0
Hazelnut	Large	24 oz.	200	9	2	0	0	30	27	0	23	0
Red Bean	Regular	18.5 oz.	250	5	5	0	0	20	50	9	27	6
Red Bean	Large	24 oz.	320	6	6	0	0	30	66	12	36	8
Guava	Regular	18.5 oz.	380	5	5	0	0	65	79	0	46	0
Guava	Large	24 oz.	565	7	7	0	0	95	120	0	68	0
Honeydew	Regular	18.5 oz.	260	5	5	0	0	55	49	0	32	0
Honeydew	Large	24 oz.	380	8	8	0	0	80	70	0	45	0
Kiwi	Regular	18.5 oz.	260	5	5	0	0	55	49	0	32	0
Kiwi	Large	24 oz.	390	8	8	0	0	85	73	0	48	0
Lychee	Regular	18.5 oz.	320	5	5	0	0	65	63	0	48	0
Lychee	Large	24 oz.	470	8	8	0	0	100	94	0	72	0
Mango	Regular	18.5 oz.	240	5	5	0	0	40	45	0	33	0
Mango	Large	24 oz.	370	8	8	0	0	60	68	0	49	0
Passion Fruit	Regular	18.5 oz.	240	5	5	0	0	5	45	0	16	0
Passion Fruit	Large	24 oz.	360	8	8	0	0	10	67	0	24	0
Peach	Regular	18.5 oz.	250	5	5	0	0	5	45	0	16	0
Peach	Large	24 oz.	370	8	8	0	0	10	67	0	24	0
Strawberry	Regular	18.5 oz.	150	5	5	0	0	5	23	0	11	0
Strawberry	Large	24 oz.	230	8	8	0	0	10	34	0	17	0
Raspberry	Regular	18.5 oz.	280	5	5	0	0	5	55	0	44	0
Raspberry	Large	24 oz.	420	7	7	0	0	10	85	0	65	0
Wintermelon	Regular	18.5 oz.	240	5	5	0	45	7	52	0	36	0
Wintermelon	Large	24 oz.	280	5	5	0	0	7	62	0	45	0
Pineapple	Regular	18.5 oz.	280	5	5	0	0	10	58	0	47	0
Pineapple	Large	24 oz.	280	5	5	0	0	10	58	0	47	0
Honey Green	Regular	18.5 oz.	280	5	5	0	0	10	58	0	47	0
Blended Coffees/Ca Phe Nong												
Menu Item	Size	Serving Size	Total Cal	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbs	Fiber	Sugars	Protein
			(kcal)	(g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)
Honey Green	Large	24 oz.	320	5	5	0	0	10	70	0	58	0
Nutty Chai	Regular	18.5 oz.	490	9	0	0	0	35	93	0	78	0
Nutty Chai	Large	24 oz.	560	12	0	0	0	45	103	0	88	0
Matcha	Regular	18.5 oz.	480	11	5	0	30	70	95	0	86	3
Matcha	Large	24 oz.	530	11	5	0	30	70	108	0	100	3
Juices												
Passion Fruit	Regular	18.5 oz.	140	0	0	0	0	40	37	0	17	0
Pennywort	Regular	18.5 oz.	130	0	1.5	0	0	130	2	0	13	0
Raspberry	Regular	18.5 oz.	90	0	0	0	0	10	22	6	15	1
Pennywort Mung Bean	Regular	18.5 oz.	220	0	1.5	0	0	115	24	4	23	5
Pennywort Coconut	Regular	18.5 oz.	190	9	9	0	0	260	12	4	13	2
Hot Coffees/Ca Phe Nong												
Vietnamese Traditional	Small	12 oz.	340	16	11	0	70	115	37	0	35	8
Vietnamese Black	Small	12 oz.	60	0	0	0	0	20	15	0	14	0
Cafe Latte	Regular	16 oz.	280	19	12	0	85	140	13	0	12	9
Cafe Latte	Large	20 oz.	400	27	17	0	120	210	19	0	17	13
Chocolate	Regular	16 oz.	590	28	16	0	85	220	62	2	52	15
Chocolate	Large	20 oz.	700	35	21	0	120	280	67	2	57	19
French Vanilla	Regular	16 oz.	690	67	12	0	85	200	71	0	71	9
French Vanilla	Large	20 oz.	810	44	17	0	120	270	78	0	75	13
Hazelnut Mocha	Regular	16 oz.	490	24	12	0	70	170	51	1	45	11
Hazelnut Mocha	Large	20 oz.	610	32	17	0	100	240	57	1	49	14
Salted Caramel	Regular	16 oz.	500	20	12	0	85	430	63	0	56	9
Salted Caramel	Large	20 oz.	610	28	17	0	120	480	68	0	61	13
Caramel Macchiato	Regular	16 oz.	320	9	5	0	25	180	51	0	48	8
Caramel Macchiato	Large	20 oz.	340	10	5	0	30	200	54	0	50	9
Chai Latte	Small	12 oz.	460	19	12	0	50	180	55	0	50	11
Dirty Chai	Regular	16 oz.	460	19	12	0	50	180	56	0	50	11